

The Lobby

The Peninsula Breakfast

Fresh Fruit Juice
Coffee or Tea

Homemade Pastries
with Butter, Jams and Honey

 Coconut Yoghurt Parfait
Homemade Granola, Nuts, Seeds,
Orange Compote

Full English Breakfast
Two St. Ewe Eggs any Style, Pork or Beef Sausage,
Streaky Pork or Turkey Bacon,
Stornoway Black Pudding, Baked Beans, Tomato,
Hash Brown, Portobello Mushroom

49

Naturally Peninsula Breakfast

Fresh Fruit Juice
Coffee or Tea

Coconut Yoghurt Parfait
Homemade Granola, Nuts, Seeds,
Orange Compote

Plant-Based Full English Breakfast
Vegan Sausage, Sautéed Kale, Tofu,
Baked Beans, Avocado, Tomato, Hash Brown,
Portobello Mushroom
or
Tofu Shakshuka
Peppers and Onion in Spiced Tomato Sauce

44

Cantonese Breakfast

Coffee or Tea

Warm Soya Milk

Har Gow
Prawn Dumpling, Bamboo Shoot

Siu Mai
Chicken Dumpling, Black Mushrooms

Fun Guo
Steamed Mixed Vegetable Dumpling

Congee
with Condiments

Stir-Fried Egg Noodles
Bean Sprouts, Dark Soya Sauce, Sesame

Vegetarian Option Available

46

Juices, Smoothies and Fruit

Fresh Fruit Juice
Orange, Grapefruit, Pineapple, Apple
14

Smoothies
Mango Smoothie
Yoghurt, Cardamom, Ginger, Almond Milk
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Strawberry Smoothie
Coconut, Pineapple, Yoghurt
14

Cold Pressed Juices
Iron Man
Pineapple, Apple, Carrot, Beetroot, Ginger
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Green Magic
Apple, Celery, Orange, Spinach, Lemon
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Nature's Flu Shot
Carrot, Orange, Ginger
14

Seasonal Fruit Plate
19


Berry Bowl
16

Healthy Bowls

Bircher Muesli
Overnight Oats, Yoghurt, Apple,
Almonds, Berries
16

 Coconut Yoghurt Parfait
Homemade Granola, Nuts, Seeds,
Orange Compote
16

 Porridge
Berries, Nuts, Dried Fruit
12

 Quinoa and Cocoa Porridge
Coconut, Mixed Berries, Goji Berries
14

 Mango Chia Pudding
Honey Mango, Coconut Milk, Chia
16

St. Ewe Free Range Eggs

Full English Breakfast
Two Eggs any Style,
Pork or Beef Sausage,
Streaky Pork or Turkey Bacon,
Stornoway Black Pudding,
Baked Beans, Tomato, Hash Brown,
Portobello Mushroom
40

Scrambled Eggs and Salmon
27

Eggs Benedict, Royale or Florentine
22

Add 10g of Oscietra Caviar
Supplement 22

Avocado Toast
Poached Eggs, Pomegranate, Sourdough Toast
22

Add Smoked Salmon
Supplement 6

Two Boiled Eggs and Soldiers
20

Omelette
Cheese, Tomato, Mushrooms, Spinach
22

Shakshuka
Scrambled Eggs in Spiced Tomato Sauce,
Burrata, Onion, Peppers, Pitta Bread
28

Cereals

Homemade Granola, Muesli, Corn Flakes, Raisin
Bran or All-Bran

Choice of Milk

Whole Milk, Non-Fat, Soya, Oat, Almond

9

Breakfast Favourites

French Toast
Mixed Berries, Chantilly Cream, Maple Syrup
22

Pancakes
Mixed Berries, Banana, Caramel Sauce
20

Cheese

Selection of British Artisan Cheeses
18

Yoghurts

Greek Style, Natural Low Fat or Coconut

Choice of Coulis
Mango or Mixed Berries

10



Naturally Peninsula Cuisine is prepared
with natural plant-based ingredients.



Please scan for allergens, nutritional information
and inform us of any allergies / dietary requirements.