

SPA
THE PENINSULA
BEVERLY HILLS



A hidden gem adjacent to the hotel's tranquil roof garden and swimming pool, The Peninsula Spa Beverly Hills has long been known as a luxurious wellness destination. For years, guests and residents return for The Spa's range of lavish and highly advanced treatments and experienced technicians. Visit today to revitalize your mind, body and spirit in a haven of tranquility.





MBR® Age Defying Customized Facial

60 MINUTES

This customized MBR facial is grounded in the patented technology that extracts higher concentrations of medical-grade active ingredients to treat on a cellular level down to the dermal layer of the skin, in order to revive and hydrate the skin's natural cell functions, restore firmness and elasticity, and regenerate collagen and elastin fibers. This age-defying treatment is an excellent accompaniment to pre and post surgical procedures as well as for those seeking a significant reduction of wrinkles, sun damage and sagging skin for a visibly youthful, revitalized and radiant complexion.

MBR® The Best and Ultimate Liquid Surgery Rejuvenation

120 MINUTES

This extraordinary, non-invasive facial rejuvenation treatment combines state-of-the-art technology with light therapy and revolutionary medical ingredients that transforms skin. The Best utilizes the revolutionary MBR FibroBoost Complex, a patented anti-aging peptide that profoundly activates and controls cell functions. Collagen and elastin fibers are strengthened, preventing skin sagging and wrinkle formation. By reducing facial microcontractions, further development of deep wrinkles is prevented. The skin's natural ability to produce hyaluronan is stimulated, allowing the skin to retain moisture more effectively.

Facials

MBR®

The Micro Current Facial

90 MINUTES

This result-driven facial utilizes the latest micro-current technology, TAMA. This beauty breakthrough is done naturally to lift, improve muscle tone and increase elasticity. Rich in hydration and antioxidants provided by our Hydro Mask, this facial will visibly restore smoother and younger looking skin. Perfect before any special occasion or event.

***Series recommended**

Utilize Micro Current Lifting technology and target the areas of your choice: cheek, eyes, neck and lips.

The Peninsula Custom Facial

60 or 90 MINUTES

You are unique and so is your skin. Allow our highly trained and experienced estheticians to assist you in developing the customized treatment your skin requires.

As environmental factors such as travel, stress and change of season affect your skin, our estheticians can help target your individual concerns with gentle yet effective organic products.

The Peninsula Radiance Facial

90 MINUTES

Our most luxurious Anti-Aging facial. Through the use of noninvasive CACI technology, ultrasonic microdermabrasion will clear pores and micro current will lift and firm facial muscles. Smoother, clearer skin will appear after LED light reduces redness and fine lines. The treatment concludes with ultrasonic technology to penetrate a customized serum deep into the skin for a fresh, radiant glow.

Organic Oxygen Facial

60 or 90 MINUTES

Using oxygen mist in its most pure and concentrated form, this facial leaves your skin firm, clear and radiant by restoring the skin's hydration. High-potency organic bio-swiss serums are custom-blended to erase all signs of redness, sensitivity, premature aging and dullness while stimulating collagen and elastin production. Ideal for sensitive skin.

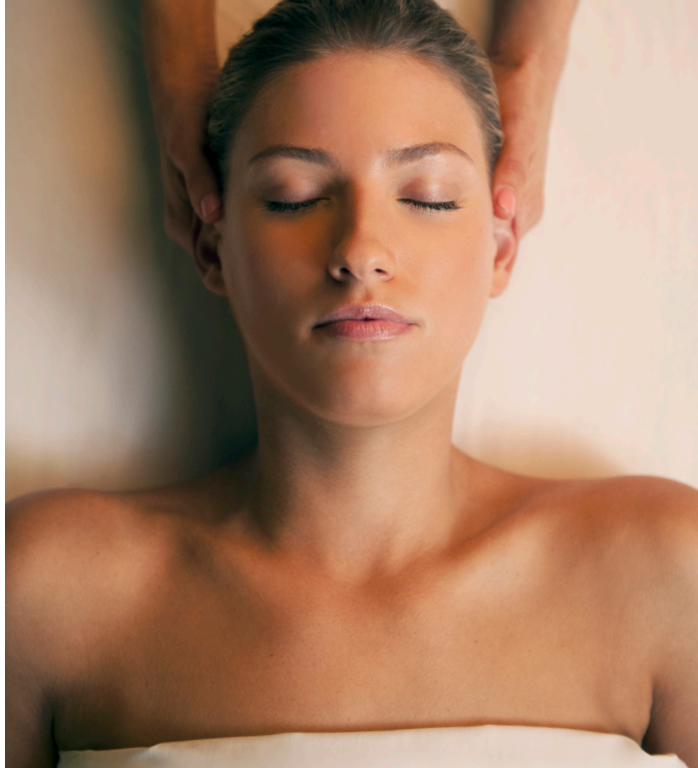
Facials

Luzern

The Ultimate Indulgence Facial

120 MINUTES

This six-in-one treatment utilizes cutting-edge technology to enhance and enrich the skin for a truly customized facial experience. Diamond-tipped microdermabrasion, oxygen, radio frequency, LED face mask, air massage and electroporation all enhance the skin in the 120-minute treatment. This luxury facial stimulates and tones your inner skin to its original glow.



Biologique Recherche Facial

60 MINUTES

A path to healthy and glowing skin begins with this intensive and sophisticated facial. The skin receives an in-depth analysis by a Biologique Recherche specialist, followed by a deep cleansing and exfoliation. A personalized manual lift technique is used, along with the application of customized anti-aging serums and a facial mask designed for your specific skin type. The result is a visibly restored, younger looking skin.

**Does not include steam and extractions*

Biologique Recherche Face, Neck And Décolleté

90 MINUTES

This exotic and enriching skin remedy will enliven the skin while restoring emotional balance to total well-being. Mogra, Queen of Jasmines' offers a wonderment of healing elements and works synergistically to boost collagen production and increase cell renewal. Combined with the restorative powers of 24K gold leaf this sensory experience will penetrate and revive the deep layers of the skin, reducing fine lines and wrinkles. The ultimate skin rejuvenator that uplifts the spirit, emotionally replenishes, and creates a positive glow inside and out.

**Does not include steam and extractions*

Second Skin

90 MINUTES

This revolutionary facial utilizes a form of electro-spun hyaluronic acid, known for its incredible ability to plump and hydrate the skin, to visibly treat wrinkles and to provide a genuine alternative to conventional fillers. Sterile electro-spun hyaluronic acid patches are customized to fit the face and applied to the target areas while Second Peau Serum is then massaged into the patches until fully absorbed. This specific application allows for intense regeneration to occur with instantly visible results for radiant and plump skin.

**Does not include steam and extractions*

Balancing

60 MINUTES

A Biologique Recherche specialist will address a variety of acneic skin conditions utilizing highly active and effective ingredients to begin treating both the superficial and deep tissues of the skin. A mask that hydrates, tightens and reduces breakouts is applied. This facial is designed to restore the skin's PH, bringing brightness and balance back to the skin.

**Does not include steam and extractions*

Healthy Glow

60 MINUTES

Reverse the signs of aging. This treatment begins with a complete facial cleanse to remove buildup, along with an application of P50 lotion to exfoliate and moisturize the face and décolleté. This age-defying treatment restores elasticity and re-sculpts the facial structure with a manual lifting massage, personalized mask and serums that are designed target many skin conditions leaving a beautiful, healthy glow.

**Does not include steam and extractions*

Facials

Biologique Recherche

24K Gold Age-Defying Facial

60 or 90 MINUTES

This exotic and enriching skin remedy will enliven the skin while restoring emotional balance to total well-being. Mogra, Queen of Jasmine's offers a wonderment of healing elements and works synergistically to boost collagen production and increase cell renewal. Combined with the restorative powers of 24K gold leaf this sensory experience will penetrate and revive the deep layers of the skin, reducing fine lines and wrinkles. The ultimate skin rejuvenator that uplifts the spirit, emotionally replenishes, and creates a positive glow inside and out.

Blissful Marma Massage

60 or 90 MINUTES

Experience effective and immediate relaxation, relieving all stress related tension. Long, firm, flowing movements and therapeutic techniques at various levels of pressure are implemented; while marma therapy and chakra balance align vital energy centers. Enriching results-based blends deliver powerful active benefits, enhancing overall well-being. The 90 minute includes a Subtle Energies signature facial marma massage with potent aromatic actives designed to balance the emotions, release stress and reduce anxiety.

The Recovering Traveler

100 MINUTES

Help to bring the body into balance and assist with sleeping patterns and energy levels with this customizable jet lag journey. Includes marma work, lymphatics and a bronze kasa bowl technique to draw out excess heat. Working on the individual needs this treatment can be used to awaken or to help bring about a restful slumber. Assists in releasing any fluid retention and strengthens the immune system after a long flight.

Ayurveda Aromatherapy

Subtle Energies

Body Silhouette

90 MINUTES

This slimming head-to-toe treatment begins with a full-body scrub followed by a slimming wrap containing Coffee, Mate and Guarana to burn fat. While in a cocoon, hands and feet are pampered with Mango Butter complemented with a scalp massage using KOS PARIS hair serum. This treatment finishes with a full-body massage and application of Perle Fine Slimming Oil.

Body Detox

90 MINUTES

This detoxifying experience begins with a Sea Salt Crystal Scrub with an Apricot Oil for nourishing and exfoliating the skin. The 3 Tea detoxifying wrap is applied and while cocooned, hands and feet are nourished with Babassu Butter. KOS PARIS hair serum is massaged into the scalp and hair before the wrap is removed. This treatment concludes with a full-body massage using Wellness Pearl Oil, complemented with a 3 Tea Cream application on the arms and décolleté.

Body Tonic

90 MINUTES

Indulge in this hydrating experience as the skin is exfoliated with a Maurician Sugar Scrub and wrapped with a body tonic made of ginger, orange and carrot. Hands, feet and the scalp is nourished and massaged with our signature KOS PARIS hair serum. A full-body massage is performed with our Wellness Pearl Oil infused with eucalyptus and complemented with a 3 Tea Cream application on the arms and décolleté.

Body Treatments

KOS PARIS





The Peninsula Custom Massage

60 or 90 MINUTES

Your choice of Deep Tissue, Sports, Classic Swedish massage or a hybrid of all three, based on your individual needs. Our expert massage therapists will use a combination of massage techniques to release tension, relax and soothe sore muscles.

Duet Harmony Massage

60 or 90 MINUTES

You and your partner will enjoy our aroma infused signature massage side by side in our luxurious Harmony Suite.

Mother-To-Be Massage

30 or 60 MINUTES

Massage is a wonderful experience for the delicate condition of expectant mothers. Prenatal massage promotes circulation and alleviates joint, neck and back discomfort. Available only during your second and third trimester.

Nirvana Hot Stone Massage

60 or 90 MINUTES

Smooth heated stones are utilized during this soothing massage to help penetrate aching muscles and melt your tension and stress away. Hot stone massage relaxes the body at its deepest level.

Thai Table Ceremony

60 or 90 MINUTES

This is the traditional massage of Thailand, utilizing yoga-like stretches and a variety of relaxing massage modalities.

**This treatment has been modified for the massage table. Loose-fitting clothing should be worn during this treatment*

Reflexology

30 or 60 MINUTES

Reflexology utilizes the application of pressure to specific reflex points located on the hands and feet that correspond to related organs and systems of the body. This massage helps open energy flow and improves balance and circulation. You will feel the healing benefits throughout your entire body.

**This treatment is not recommended for expectant mothers.*

Shiatsu Massage

60 or 90 MINUTES

Shiatsu is a traditional Japanese massage designed to treat the mind and body and establish a healthy state of balance. Pressure is applied to specific points on the body, using thumbs, fingers and palms. This is combined with gentle manipulation to alleviate tension, eliminate fatigue and enhance the body's natural healing ability.

Manual Lymphatic Drainage

60, 90 or 120 MINUTES

For complete body rejuvenation, experience lymphatic drainage which will increase lymph flow and remove natural toxins from the tissues, increasing the function of your immune system. Ideal for pre- and post- cosmetic surgery, dermatological conditions, sports injuries and stress. Best results are achieved when focused on a specific area – allow 120 minutes to address the entire body.

Massage

Serenity

2 or 3 HOURS

Relax and unwind with a 60-minute Peninsula Custom Massage and a 60-minute Peninsula Facial. The Serenity package is a truly perfect way to escape into an urban oasis.

* Upgrade to 90-minute treatments and receive a complimentary facial enhancement

Radiance

3.5 HOURS

Take wellness to the next level with this head-to-toe day of beauty. The Radiance package includes a 60-minute Peninsula Custom Massage, a 60-minute Peninsula Facial and a Peninsula Classic Manicure & Pedicure.

Couples' Retreat

60 or 90 MINUTES MASSAGE

The ideal retreat for two; enhance your couples' treatment and enjoy a blissful and relaxing experience where we take care of it all! Two glasses of champagne will welcome you to The Spa followed by a 60 or 90-minute Custom Massage in our Duet Harmony Suite adorned with fresh rose petals. Allow us to reserve a table for two at one of our restaurants and enjoy a \$100 food and beverage credit.

Spa Soirée

GROUPS OF SIX OR MORE

Whether it's a special occasion or an indulgent outing, allow our Spa to become your haven for relaxation. From monogrammed takeaways to bottles of bubbly, let us customize an experience for you and your group that meets your every need.

Spa Packages



SPA
SPA



Classic Manicure & Pedicure

Enjoy a luxurious Peninsula Manicure and Pedicure. Your nails will be cleansed and nourished using a refreshing blend of plant extracts and pure essential oils. A deeply relaxing massage of the hands and feet will moisturize and soften your skin.

**Series available*

Signature Manicure & Pedicure

This exquisite treatment soothes, pampers and revitalizes fingers and toes. Your treatment will include a luxurious rose petal soak, a sweetness body scrub, a massage with our energizing body oil, a warming Rose Bliss Balm mask and a paraffin wrap to deeply moisturize and soften your skin. Paired with a glass of complimentary Champagne, this treatment is unequalled in luxury.

Perfectly Peninsula

This richly decadent treatment will focus on exfoliation and hydration, beginning with a cleansing and purifying warm soak to pamper tired toes. The antioxidant-rich, self-heating scrub will then deeply hydrate your feet. A blissful massage follows to relax and seal in moisture, leaving the skin's appearance perfectly smooth, noticeably bright and delightfully refined.

Nails

Blow Outs

8 SIGNATURE STYLES

Choose from one of our custom styles to make your day or special evening beautiful!

FLAWLESS

Our "flawless" basic blow out will have you feeling extra-gorgeous.

BED HEAD

Tousled, textured waves will give you an effortless, sexy look.

RUNWAY

A gorgeous blow out enhanced with voluminous body and curls.

LUSTROUS

This simple blow out and flat iron featuring our best smoothing products will have your hair looking and feeling like silk.

VA VA-VOOM

Hair will be curled and teased to perfection creating our most glamorous and voluminous style.

BRAID ME AWAY

A sweet, yet simple braid (choose Dutch, fishtail, waterfall, etc). \$10 to add on to a style (limit of 1 to 2 braids).

PONY PLAY

A sleek and sexy ponytail

BUN BABY

An elegant "ballerina bun" for any occasion

À la Carte

Shirley Temple (10 and under)

Updo

Braid

Extensions

Scalp Massage

Makeup Application

Our stylists can complete your look with makeup application for any occasion.

Hair & Makeup

Yoga

60 or 90 MINUTES

De-stress with a yoga workout that will relax and re-energize you. All types of yoga are available for all levels and group sizes.

Kick Boxing

60 or 90 MINUTES

Beginner or advanced, we will make sure you have a challenging workout.

Mat Pilates

60 MINUTES

Get a full body workout focusing on deep-core muscles.

Hiking

HOURLY RATE

Whether you're looking for a stunning view or a great workout, let our skilled trainers take you hiking to one of L.A.'s favorite trails.

Personal Trainer

60 or 90 MINUTES

No matter your fitness level, we will find the perfect trainer for you.

Fitness

Spa Etiquette

- Please arrive 20 minutes prior to your scheduled appointment time to provide yourself adequate time to change and adjust to our nurturing spa environment. You may also enjoy a eucalyptus steam or quiet time in our luxurious serenity lounge. We provide our spa guests with private lockers, robes, slippers and full locker room amenities.
- To ensure that you receive the complete benefit of your service, it is recommended that all spa patrons drink plenty of water prior to their treatment as well as afterwards.
- Please advise your therapist of any allergies, injuries or other conditions prior to treatment.
- Anyone having a treatment between the age of 12-17 years must be accompanied by a parent or guardian in the treatment room.
- For the comfort and consideration of other guests, we ask that you please turn off all cell phones.
- To ensure appointments are available for every guest, cancellations within 4 hours will be subject to the full-service fee. Fitness sessions require 24 hours cancellation.
- If you arrive late for your scheduled appointment time, we will do our best to accommodate you; however, we may be unable to provide the full service in the time remaining. Due to our 4-hour cancellation policy, you will still be held responsible for the full-service fee.
- Please leave your jewelry at home or in your hotel room safe. Although we provide personal lockers while receiving treatment, we regret to inform you that we cannot be responsible for personal articles.
- Gratuity is not included in your service. If you feel you would like to show appreciation to your technician, you may add a gratuity to your check.
- Professional quality spa products are available for purchase to continue your spa experience at home. For your convenience, products may be shipped worldwide.
- Many of our services are available in the comfort of your guest room. A surcharge of 20% will apply to all in-room and cabana services.
- For appointments performed outside of regular spa hours, a \$50 surcharge will be applied.



SPA

Reception: 7:00 am – 10:00 pm

Treatments: 8:00 am – 9:00 pm

FITNESS CENTER

Daily: 24 hours

POOL

Daily: 6:00 am – 9:30 pm

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