

T R E A T M E N T P R O G R A M M E S

SPA
THE PENINSULA
BEVERLY HILLS



P E N I N S U L A C O L L E C T I O N



- ◆ **PRECIOUS RUBY MASSAGE, VITALITY** *120 minutes / \$395*
The rich reds of Rubies are said to represent the heart, passion and energy of love. Rubies are used to bring happiness and clear negativity. This treatment includes a Gardenia and Ylang Ylang scented brown sugar body scrub, and hydrating Rose clay wrap with reflexology massage. A full body Precious Ruby Massage concludes your journey.
- ◆ **PRECIOUS EMERALD MASSAGE, STRENGTH** *120 minutes / \$395*
Emeralds are said to hold the energy of the earth. Beginning with a refreshing Basil and Mint Dead Sea salt body scrub to enliven the senses, a detoxifying clay wrap follows, infused with Lemon and Eucalyptus. This treatment concludes with a relaxing aromatic Precious Emerald Massage.
- ◆ **PRECIOUS DIAMOND MASSAGE, HARMONY** *90 minutes / \$295*
Diamonds reflect the entire color spectrum and have been used since ancient times for inspiration. The oils used in this massage treatment contain precious diamonds in addition to Rose, Neroli and Geranium to balance the Spirit. The Precious Diamond Massage uses hot stones to ease your tension, tone your skin and rejuvenate your body and mind.

P E N I N S U L A C O L L E C T I O N

◆ PRECIOUS SAPPHIRE MASSAGE, TRANQUILITY

90 minutes / \$295

The deep blues of Sapphires represent deep emotions, inspiration and inner thoughts. This treatment begins with skin brushing to stimulate the lymphatic system and lightly exfoliate the skin. A full body massage and foot reflexology follows, using an oil blend of Roman Chamomile, Lavender, Orange Blossom and Sapphire.

◆ SHIFFA TOTAL HEALING JOURNEY

75 minutes / \$315

Revitalize and re-balance your body and soul in this customized head-to-toe journey of healing. Select one of our four organic Gemstone Oils to be used in your massage. During your journey, your face will be cleansed and purified.

◆ GEMSTONE REVIVAL

60 minutes / \$225

A 60-minute treatment incorporating a full body scrub followed by a relaxing back, neck and shoulder massage. Customize your experience by selecting between a Gardenia and Ylang Ylang brown sugar scrub or a Basil and Mint Dead Sea Salt scrub accompanied by one of our Gemstone Oils: representing Harmony, Strength, Vitality and Tranquility.



F A C E

◆ THE PENINSULA CUSTOM FACIAL *60 minutes / \$215; 90 minutes / \$320*

You are unique and so is your skin. Allow our highly trained and experienced estheticians to assist you in developing the customized treatment your skin requires. As environmental factors such as the seasons, traveling and stress affect your skin, our estheticians can help target your individual concerns with gentle, yet effective, organic products.

◆ THE PENINSULA RADIANCE FACIAL *90 minutes / \$375*

The ultimate in results driven, luxury facials. Through the use of non-invasive technology you will see an immediate improvement in skin texture and tone. Gentle ultrasonic microdermabrasion clears pores and a natural micro current lifts and firms facial muscles. Smoother, clearer skin will appear after LED light reduces redness and fine lines and ultrasonic technology penetrates a customized organic serum deep into the skin for a fresh, radiant glow. Perfect before a special occasion or event.

◆ ORGANIC OXYGEN FACIAL *60 minutes / \$285; 90 minutes / \$375*

◆ SHIFFA GEMSTONE FACIAL *60 minutes / \$245; 90 minutes / \$350*

◆ AGE-DEFYING FACIAL *60 minutes / \$285*

◆ DEEP CLEANSING MICRODERMABRASION FACIAL *60 minutes / \$285*

◆ NEVER TOO SOON FACIAL (Pre-Teen Facial) *45 minutes / \$150*

◆ BALANCING BACK FACIAL *60 minutes / \$195*

◆ FACIAL SERIES *prices vary*

F A C I A L E N H A N C E M E N T S

- ◆ SERUM INFUSION
- ◆ SPECIALTY MASK
- ◆ HAND TREATMENT
- ◆ MICROCURRENT & MICRODERM
- ◆ ULTRASONIC EXFOLIATION
- ◆ LED LIGHT THERAPY *\$65 each*
- ◆ EYE OR NECK LIFT *\$65 each*
- ◆ HYDRATING PARAFFIN HAND OR FOOT THERAPY *\$35 each / \$65 both*
- ◆ EYE TREATMENT *15 minutes / \$45*
- ◆ PLUMPING LIP TREATMENT *15 minutes / \$45*
- ◆ OXYGEN TREATMENT *30 minutes / \$50*
- ◆ WAXING ◆ THREADING ◆ TINTING (Lash & Brow) *price varies*

Facial enhancements are available to supplement your facial treatment experience.



T O U C H



- ◆ THE PENINSULA SIGNATURE CUSTOM MASSAGE
60 minutes / \$175; 90 minutes / \$250
- ◆ MOONLIGHT MASSAGE
60 minutes / \$470; 90 minutes / \$650
- ◆ DUET HARMONY MASSAGE
60 minutes / \$350; 90 minutes / \$500
- ◆ REFLEXOLOGY
30 minutes / \$120; 60 minutes / \$175
- ◆ NIRVANA HOT STONE MASSAGE
90 minutes / \$260
- ◆ TABLE THAI CEREMONY
60 minutes / \$185; 90 minutes / \$260
- ◆ SHIATSU MASSAGE
60 minutes / \$185; 90 minutes / \$260
- ◆ MOTHER-TO-BE MASSAGE *(must be past first trimester)*
60 minutes / \$185; 90 minutes / \$260
- ◆ HANDS, FEET, SCALP, NECK & SHOULDERS
60 minutes / \$175
- ◆ WELLNESS WAVE
60 minutes / \$250; 90 minutes / \$325

B O D Y T R E A T M E N T S

- ◆ **FIRM AND FIT** *60 minutes / \$225*
The perfect detoxifying and firming treatment for sleek smooth skin. This treatment begins with a citrus body brushing to stimulate lymphatic drainage and start the body's detoxifying process. Your body will then be covered in Espresso Limon Slimming Body Oil. This captivating, rich coffee oil comes from South America and is infused with hints of Italian Lemon and Moroccan Cinnamon to further purify and tone the body.
- ◆ **CALIFORNIA GLOW (includes exfoliation)** *60 minutes / \$225*
Experience the ultimate in luxury self-tanning treatments. Achieve a natural bronzed appearance with application of our all-natural and odorless product. Begin with an indulgent full body exfoliation, to prepare your skin. Then we treat your skin with an innovative dark self-tanning solution to produce an instant result and a flawless, golden tan in 6-8 hours.
- ◆ **DETOXIFYING BODY WRAP (includes exfoliation)** *90 minutes / \$295*
- ◆ **HYDRATING BODY WRAP (includes exfoliation)** *90 minutes / \$295*
- ◆ **BODY SCRUBS:** *30 minutes / \$95*
Salt, Microderm, Papaya Pineapple, Geranium or Sugar
- ◆ **SHIFFA BODY POLISH** *30 minutes / \$120*
Basil Mint or Sweetness





- ◆ **THE PENINSULA SIGNATURE MANICURE & PEDICURE** *Manicure \$100; Pedicure \$165*
This exquisite treatment will completely soothe, pamper and revitalize not only tired fingers and toes, but the rest of you as well. Fifteen minutes of healing massage will bring about a sense of well-being as well as improved flow of Chi energy throughout the body. Using our exclusive gemstone-infused Shiffa products, your treatment will include a luxurious soak, scrub, massage with an energizing body oil, a warming “Rose Bliss Balm” mask and paraffin to deeply moisturize and soften your skin. Paired with a glass of complimentary Champagne, this treatment is unequalled in luxury.
- ◆ **CLASSIC GEL MANICURE** *60 minutes / \$110*
Gel polish is perfect for active women who enjoy the convenience and ease of its fast application and removal, combined with unmatched color and longevity. A gel is applied like a polish and has a high gloss shine that dries instantly and lasts without chipping for a couple of weeks.

◆ CLASSIC MANICURE & PEDICURE

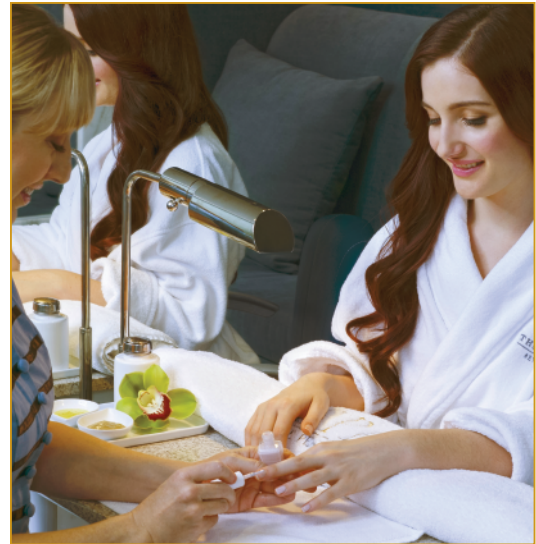
Manicure \$55; Pedicure \$85

Enjoy a luxurious Peninsula Manicure and Pedicure. Your nails will be cleansed and nourished using a refreshing blend of plant extracts and pure essential oils. Afterward, a deeply relaxing massage of the hands and feet will moisturize and soften your skin.

◆ NAIL ENHANCEMENTS

prices vary

(Polish Change / French Polish / Paraffin / Micro Infusion / Mask / Gel Polish / Hand & Arm or Foot & Leg Massages)



G E N T L E M E N



- ◆ **ALL-OVER STRESS REDUCER** *75 minutes / \$275*
This full body treatment includes combined stress reduction therapies to enhance your sense of well-being. Begin your journey with a Shiffa body scrub containing Dead Sea Salts infused with energizing basil and mint. A body massage, facial cleansing, tension reducing scalp massage and foot reflexology are perfect for the person who wants to relax and enjoy an abbreviated spa treatment program.
- ◆ **FULL BODY SALT SCRUB AND CUSTOM PENINSULA MASSAGE** *90 minutes / \$270*
- ◆ **GENTLEMAN'S FACIAL** *60 minutes / \$225; 90 minutes \$305*
- ◆ **HAND AND FOOT RECOVERY** *60 minutes / \$175*
This luxurious and relaxing treatment exfoliates and nourishes dry, overworked hands and feet. A deeply hydrating massage will help to calm and replenish the skin for improved circulation and a more youthful appearance. Arnica gel is applied for relief from soreness and pain.

F I T N E S S

- ◆ PHYSICAL THERAPY \$175
- ◆ YOGA ◆ PERSONAL TRAINING ◆ KICKBOXING *60 or 90 minutes / from \$175*
- ◆ MAT PILATES *60 minutes / from \$175*
- ◆ ACUPUNCTURE *60 minutes / from \$250*

Spa and fitness packages are available upon request.



S P A E T I Q U E T T E

- Please arrive 20 minutes prior to your scheduled appointment time to provide yourself adequate time to change and adjust to our nurturing spa environment. You may also enjoy a eucalyptus steam or quiet time in our luxurious serenity lounge. We provide our spa guests with private lockers, robes, slippers and full locker room amenities.
- To ensure that you receive the complete benefit of your service, it is recommended that all spa patrons drink plenty of water prior to their treatment as well as afterwards.
- Please advise your therapist of any allergies, injuries or other conditions prior to treatment.
- Anyone having a treatment under the age of 18 years must be accompanied by a parent or guardian in the treatment room.
- For the comfort and consideration of other guests, we ask that you please turn off all cell phones.
- To ensure appointments are available for every guest, cancellations within 24 hours will be subject to the full service fee.
- If you arrive late for your scheduled appointment time, we will do our best to accommodate you; however, we may be unable to provide the full service in the time remaining. Due to our 24-hour cancellation policy, you will still be held responsible for the full service fee.
- Please leave your jewelry at home or in your hotel room safe. Although we provide personal lockers while receiving treatment, we regret to inform you that we cannot be responsible for personal articles.
- Gratuity is not included in your service. If you feel you would like to show appreciation to your technician, you may add a gratuity to your check.
- Professional quality spa products are available for purchase to continue your spa experience at home. For your convenience, products may be shipped worldwide.
- Many of our services are available in the comfort of your guest room. A surcharge of 20% will apply to all in-room and cabana services.
- For appointments performed outside of regular spa hours, a \$50 surcharge will be applied.

Hours of operation: 5:00am – 10:00pm daily

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