



SPA  
THE PENINSULA

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## PENINSULA SIGNATURES

(JPY)

 <b>ESPA</b>	Keihatsu Enlightenment Massage	1 Hour 50 Minutes	41,000
	Lighten and Brighten Face and Back Treatment	1 Hour 50 Minutes	41,000
	Tailor-made Time	2 Hours 50 Minutes	61,000
	Tailor-made Time for Two	1 Hour 30 Minutes	63,000
	Peninsula Sleep Ceremony	1 Hour 50 Minutes	41,000
	Chakra Balancing with Hot Stones	1 Hour 50 Minutes	41,000
 <b>SATTVA</b> <i>Simply Peninsula</i>	SATTVA Shirodhara with Facial Marma Therapy	1 Hour	27,500
	SATTVA Vedic Aromatherapy Massage	1 Hour 20 Minutes	31,000

## FACIAL TREATMENTS

 <b>ESPA</b>	ESPA Intensive Facials	50 Minutes	23,500
	<i>Instant Brightener</i>		
	<i>Skin Rescue</i>		
	<i>Oil Controller</i>		
	<i>Desensitizer</i>		
	Lifestage Facial	50 Minutes	24,000
Ultimate Lifestage Facial	1 Hour 20 Minutes	33,000	
Skin Brightener Age Defyer Facial	1 Hour 20 Minutes	31,000	
Back, Face and Scalp Massage with Hot Stones	1 Hour 50 Minutes	41,000	

Rejuvenate Oxygen Infusion Facial

*1 Hour 20 Minutes*

31,000

*50 Minutes*

23,500

Opulence Oxygen Infusion Facial

*1 Hour 20 Minutes*

31,000

## BODY TREATMENTS



ESPA

Aromatherapy Massage

*1 Hour 20 Minutes*

31,000

*Detoxifier*

*50 Minutes*

23,500

*De-stresser*

*Muscle Relaxer*

*Jet Lag Eliminator*

*Immune Booster*

Swedish Massage

*1 Hour 20 Minutes*

31,000

*50 Minutes*

23,500

Deep Tissue Massage

*1 Hour 20 Minutes*

33,000

*50 Minutes*

24,000

An Influence of Shiatsu Body Massage

*1 Hour 20 Minutes*

31,000

*50 Minutes*

23,500

Balinese Massage

*1 Hour 20 Minutes*

31,000

*50 Minutes*

23,500



Simply Peninsula Royal Thai Massage

*1 Hour 20 Minutes*

31,000



Bastien Foot & Leg Massage

50 Minutes

20,500

Bastien Duo Massage

50 Minutes

38,000



SATTVA  
Simply Divine

SATTVA Vedic Aromatherapy Full Body and Facial Marma Treatment

1 Hour 45 Minutes

39,000

SATTVA Detox Body Polish

1 Hour

27,500

### HAND AND NAIL CARE TREATMENTS



Bastien Duo

1 Hour 15 Minutes

40,000

Bastien Pedicure

1 Hour 10 Minutes

22,500

Bastien Manicure

55 Minutes

20,500

Foot Nail Brightness

55 Minutes

20,500

### SPECIALTY TREATMENTS



ESPA

Maternity Massage

50 Minutes

23,500

Waxing

Full Leg and Bikini

55 Minutes

14,500

Bikini

25 Minutes

8,000

Full Leg

40 Minutes

11,500

Underarm

25 Minutes

8,000

Half Leg


25 Minutes

8,000

## ESPA FOR MEN

 ESPA	Back, Face and Scalp Massage with Hot Stones	1 Hour 50 Minutes	41,000
	Men's Facial, Shoulder and Scalp Massage	50 Minutes	23,500

## THE PENINSULA WELLNESS JOURNEY

 ESPA	Weekday Spa Escape	1 Hour 50 Minutes	35,000
	 SATTVA <i>Sattva</i>	SATTVA Podi Signature Journey	1 Hour 50 Minutes
	SATTVA Detox Signature Journey	2 Hours 20 Minutes	53,000

## THE PENINSULA WELLNESS JOURNEY HALF-DAY SPA JOURNEYS

 ESPA	De-Stress	1 Hour 50 Minutes	44,000
	Immune Booster	1 Hour 50 Minutes	44,000

## THE PENINSULA WELLNESS JOURNEY FULL-DAY SPA JOURNEYS

 ESPA	Tokyo Time-out	3 Hours 50 Minutes	69,000
	Detox and Renew	3 Hours 50 Minutes	69,000

*Prices include 8% consumption tax and 15% service charge.*

## RESERVATIONS AND INFORMATION

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### **The Peninsula Spa**

6/F, The Peninsula Tokyo, 1-8-1 Yurakucho,  
Chiyoda-ku, Tokyo, 100-0006 Japan  
Tel: +81 (3) 6270 2299 Fax: +81 (3) 6270 2866  
E-mail: spaptk@peninsula.com

### **OPENING HOURS**

Daily from 10:00 am to 10:00 pm

### **SCHEDULING AN APPOINTMENT**

To schedule an appointment for the perfect treatment, please speak with our specialist Spa Reception team, which will guide you to the right choice. Hotel guests can dial 6863 from their room telephone. From outside the hotel, please call 03 6270 2299 or book online at [tokyo.peninsula.com/en/spa-booking](http://tokyo.peninsula.com/en/spa-booking). To ensure that your preferred time and service is available, we recommend advance booking. For non-hotel guests, reservations must be guaranteed with a credit card. The minimum age of 16 is required for access to and treatments at The Peninsula Spa.

### **CANCELLATION POLICY**

A 50% cancellation charge will be incurred for any treatment or spa program not cancelled at least 24 hours prior to appointment. Cancellation within 12 hours will incur a 100% charge.

### **ARRIVAL TIME**

You are encouraged to arrive 60 minutes prior to your appointment in order to change, relax and enjoy the facilities at the spa. Please be advised that late arrivals will result in a reduction of treatment time.

### **SPA TREATMENT AND FACILITY**

A full range of specialized treatments are available, and include use of the spa facilities, including the thermal suite and relaxation areas. All treatments and prices are subject to change without prior notice.

### **SPA TREATMENT ROOM FOR TWO**

Spa guests reserving a one-hour-and-20-minute spa treatment or longer may book the spa treatment room for two people, for ¥10,800, subject to availability at the time of reservation.

# THE PENINSULA

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T O K Y O

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